

SINLAI 4: 1 Kor. 9:19-27

THUPI

Sawltakte Kisuukna

TANGVOM: 9:25

*Huan kidemna a kimawlmi
peuhmah bangkim ah mahni
kithunun in a-om nak uhi.
Amau zaw lallukhu sethei mu
ding in ahih ua, eite'n bel
lallukhu sethei lou mu ding in.*



TUNI SINLAI DING: 1 KOR. 9:19-27

19. Miteng a pan zalen himah leng, mi tamsem ka lak theihna ding in mi tengteng sikha in ka kibawlta hi. **20.** Huchi in Judate ka laklut theihna ding in Judate kiang ah Juda mi bang in ka omzel; dan nuai a omte ka laklut theihna ding in dan nuai a omte kiang ah dan nuai a om bang in ka omzel; dan nuai a om tuanlou in. **21.** Dan neiloute ka laklut theihna ding in dan neiloute kiang ah dan neilou bang in ka omzel, Pathian dan a omlou tuanlou in; Khrist dan zom ngal in. **22.** Hatloute ka laklut theihna ding in hatloute kiang ah hatlou bang in ka omzel; hihtheihna teng zang a khenkhatte ka hotdam theihna ding in mi tengteng kiang ah bangkim ka hita hi.

TUNI SINLAI DING: 1 KOR. 9:19-27

23. Tanchinhoih ziaak in bangkim ka hihzel a, huai nasepna a ka telsam theihna ding in. **24.** Kitaitehna a vek un a tai ua, himahleh khat kia in kipahman a muzel chih na theikei ua hia? Na muh theihna ding un huchi mah bang in tai un. **25.** Huan kidemna a kimawlmi peuhmah bangkim ah mahni kithunun in a omnak uhi; amau zaw lallukhu sethei mu ding in a hih ua, eite'n bel lallukhu setheilou mu ding in. **26.** Huaiziak in kei ka tai a, a ziaak bei hilou in; huihkhua leltak nohlou in, ka pang hi: **27.** Ka pumpi ka thunun a, sikha in ka bawlzaw zel hi; huchilou in zaw midangte kiang a ka tangkoupah nung in leng bangchi hiam in kei mah tak kipahman mu taklou in ka omkha ding hi.

ETKIKNA & ETLAWKNA

SINLAI 3

- Pathian nasepte leng loh mutak ahi uh. A hiding him; huai ding a thuneihna nei uh ahi.
- Paul in huai thuneihna zanglou hi: Tanchinhoih a dal louhna ding leh Tanchinhoih a thawn a pia ahihtheihna ding in.

SINLAI 4

- Sawltakte a nasep ua a kisuuk dan uh:
 1. *Mahni kimangngilh a sem:*
9:19-23
 2. *Mahni kithunun a sem:*
9:24-27

I. MAHNI KI MANGNGILH A SEM: 9:19-23

19. *Miteng a pan zalen himah leng, mi tamsem ka lak theihna ding in mi tengteng sikha in ka kibawlta hi.*

■ **“Miteng a pan zalen...”** Bang achihna ahi dia?

- Pathian dan leh khelhna a kipan zalenna gen hilou a, mi kuamah a kipan goihna lalou ahihman a kuamah thunuai a omlou a zalentak a sem theih ahih genna ahi.

Huchi a zalen **“himah leng...”**: Bangchi?

■ **“Mi tengteng sikha”** dia kibawl.

• **Sikha:** Mosi Dan a kum 6 zoh a sikhate zalen uh; hileleng a omdet ut ua leh chiamtehna a bilvuh sak a om uh.

I. MAHNI KI MANGNGILH A SEM: 9:19-23

19. *Miteng a pan zalen himah leng, mi tamsem ka lak theihna ding in mi tengteng sikha in ka kibawlta hi.*

- **Sikha:** Mosi Dan a kum 6 zoh a sikhate zalen uh; hileleng a omdet ut ua leh chiamtehna a bilvuh sak a om uh.
- Hiai bang sikhate amau utthu/deihtelna a sikha a om uh hita hi.
- **“Mi tengteng sikha in ka kibawlta hi:”**
- Kuahiam batneih ziak hilou a, ama deihtelna a miteng sikha a kibawl chihna ahi.
- **Why?:** *“Mi tamsem ka lak theihna ding in.”*

I. MAHNI KI MANGNGILH A SEM: 9:19-23

Hiai a kipan a thilhih peuhmah a hihna ziak *“hina – in order that”* chih toh thua suak diudeu hi.

- Tanchinhoih huan a a laklut theihna ding a sikha ahihnate:

1. Judate:

20a. *Huchi in Judate ka laklut theihna ding in Judate kiang ah Juda mi bang in ka omzel;*

- Khrist ziak a Juda sahkhua zui nawnlou a, gingu hita himahleh amaute a laklut theihna ding in amau bang in om hi:
 - Zeksum thu, nek-le-dawn thu, khawlni tan thu, etc. **Zuimai!**

I. MAHNI KI MANGNGILH A SEM: 9:19-23

2. Dan nuai a omte:

20b. *-dan nuai a omte ka laklut theihna ding in dan nuai a omte kiang ah dan nuai a om bang in ka omzel; dan nuai a om tuanlou in.*

■ **“Dan nuai a omte:”**

- Mosi Dan nuai a om Judate mah a genna hiding a gintak ahi.
- Paul bel Dan nuai a om nawnlou; Tanchinhoih ziak a Dan nuai a om nawnlou a hehpihna nuai a omta ihihdan hah gen khat ahi.
- **Himahleh:** Tanchinhoih huang a a laklut theihna ding in Dan zui mite lakah Dan va zuihteipoisa lou hi. **Obligation<choice!**

I. MAHNI KI MANGNGILH A SEM: 9:19-23

3. Dan neiloute:

21. *Dan neiloute ka laklut theihna ding in dan neiloute kiang ah dan neilou bang in ka omzel, Pathian dan a omlou tuanlou in; Khrist dan zom ngal in.*

■ Dan neiloute:

- Dan nuai a omlou Jentelte genna hiding hi.
- Jentelte laka ava om Chiang a leng Jentelte bang a va omzel mai chihna ahi; amaute Tanchinghoih huangsung a a laklut theihna ding in.

I. MAHNI KI MANGNGILH A SEM: 9:19-23

4. Hatloute:

22. *Hatloute ka laklut theihna ding in hatloute kiang ah hatlou bang in ka omzel; hihtheihna teng zang a khenkhatte ka hotdam theihna ding in mi tengteng kiang ah bangkim ka hita hi.*

■ Hatloute:

- Taksa lam a hatlouna gen hiding a gintak ahi. Paul ngei inleng a hatlounate mun bangzahhiam ah ana gen hi.
- Hatlouna pen thil hoihlou ana hikhin pahlou; hatlouna tungtawn a Toupa toh kituahtheih ana hi. *“Ka hatloun peuhpeuh Chiang in ahi ka hat zawk (2 Kor. 12:9-10).”*
- **Hatloute a hatlouna ua kithuahpih:** a laklut theihna ding in.

I. MAHNI KI MANGNGILH A SEM: 9:19-23

Paul in *“mi tengteng a kipan zalen”* ahihdan a hon genkhin in, miteng nuai a om ahihdan a hon genzom suk mawk hi.

- Hiai ahi Jesu ngei in a hon sinsak *“mahni kimangngilh”* hinkhua!

▪ **Hiai pen bangziak ahi dia le?**

23. *Tanchinhoih ziak in bangkim ka hihzel a, huai nasepna a ka telsam theihna ding in.*

1. Tanchinhoih ziak: for the sake of the gospel.

2. Huai nasepna a ka telsam theihna ding in: mite Khrist hotdamna huang a pilutna nasep a telkhak sam theihna ding a ana ki suuk ek ahi – *to the point of denying his liberty!*

I. MAHNI KI MANGNGILH A SEM: 9:19-23

Dotna omthei:

- A *intention* hoihtawk lele *compromising* lua hilou hiam?
 1. **Judate leh dan nuai a omte kiang ah:** 20b “*dan nuai a om tuanlou in.*”
 2. **Dan neiloute kiang ah:** 21b “*Pathian dan a omlou tuanlou in; Khrist dan zom ngal in.*”
- Itna masuan a gamgi nei Khristian hinkhua ichih hiai ahi.
- **End purpose:** mite hotdam a a om ding uh.
- Hiai hinkhua zatttheihna ding a poimoh: **mahni kithununna!**

II. MAHNI KI THUNUN A SEM: 9:24-27

A lohchinna dia mahni *kimangngilh* hial a a sem kialou, hinkhua mahmah ale *kithunun* tak a pang ahildan hon genzom hi.

24. *Kitaitehna a vek un a tai ua, himahleh khat kia in kipahman a muzel chih na theikei ua hia? Na muh theihna ding un huchi mah bang in tai un.*

- Hiai ah Tanchinhoih nasepna leh Khristian hinkhua a kithunun a poimoh dan genchiang na ding in Korinth miten a theih mahmah uh **“Kitaitehna”** a hon zang hi. (*Ishmian Games, Oly*).
- **Kitaitehte khat kia in kipahman mu:** Ahitak in vualtungtuang khat kia om mah ahi. Himahleh Pathian kiang a kipahman khat kia om in, gingtute khat kia in la ding chih gen ut a hikei hi.

II. MAHNI KI THUNUN A SEM: 9:24-27

Huai kipahman sang thei ding in zou ngei ding in tai un.

- Vuallel lungsim toh kihat ding chi hilou hi.

■ **Kimawlmite leh gingtute kitaidem kibatlouhna:**

- Kimawlmite kidang toh kidem uh a, gingtute kitaidemna ah bel eimah leh eimah kidem ihi.

- Zalenna nei ihi ziak tak a iki thunun keileh vuallel ding ihi.

II. MAHNI KI THUNUN A SEM: 9:24-27

- **Kitaitehna a vualzohna thuguk:**

25. *Huan kidemna a kimawlni peuhmah bangkim ah mahni kithunun in a omnak uhi; amau zaw lallukhu sethei mu ding in a hih ua, eite'n bel lallukhu setheilou mu ding in.*

- **Bangkim a mahni kithunun:**

Isthmian Games a kimawlnite kisakkholh dan:

- **Stage 1:** Amau mimal a theihtawp a kisa khol.
- **Stage 2:** Kha 10 sung formal training nei lai.
- **Stage 3:** Kha 10 na ah etkaina khauhtak nuai ah om uhi –

Paul in hiai bang a kisa mite genna in *“agonizomai”* – *gelgawt* zang hial hi.

II. MAHNI KI THUNUN A SEM: 9:24-27

Hiai bang a kithunun ek a kitaitehte laka khat kia in kipahman lallukhu sang hi.

- **A lallukhu san uh:**

- **Olympic ah:** olive hiang
- **Isthmian Games ah:** taksing phan
- **Nemean Games ah:** pudina

Thupilou; vualtungtuangte chiamtehna lel ahi.

- Lallukhu sethei lel tang dingte le *“bangkim a kithunun”* a om uh ahihleh ei lallukhu setheilou tang dingte la?
- **24b** *“huchi mah bang in tai un:”* **Bangkim a kithunun in!**

II. MAHNI KI THUNUN A SEM: 9:24-27

- Hiai kitaidemna a vualzou a kipahman muhtheihna ding a poimohte:

26. *Huaiziak in kei ka tai a, a ziak bei hilou in; huihkhua leltak nohlou in, ka pang hi:*

1. Tup kichian nei: *purpose-driven*

- Kitai demte utna lamlam a gamtai hilou uhi – tup khat om.
- Ballpekte'n leng utna gamteng a peklou uh – tup khat om.
- Boxing kisute leng khut mawk vai hilou – tup khat om.
- Tanchinhoih nase'mte'n leng Toupa hon deihna tan tunsawm a phakchiam delh tinten poimoh hi. **Thil himhim ah: Goal-setting!**

II. MAHNI KI THUNUN A SEM: 9:24-27

2. Pumpi thunun:

27a. *Ka pumpi ka thunun a, sikha in ka bawlzaw zel hi;*

- **Thunun:** *hupapiazo* (hih sidup)
 - A poimoh hun a, deihdan tak a zattheih ding a pumpi chiil in nasatak a thunun. (self-mutilation in *Paul*?)
- **Sikha a bawl:** *doulogogeo*
 - Ut hunhun a, ut dandan a zattheih ding a mansa a koih.
- Pathian nasem a deihtawk a ikipei theihna ding ale khamitna kialou taksa mahmah leng ki thunun zoh poimoh ahihdan Chiang hi. (daily routine, etc)

II. MAHNI KI THUNUN A SEM: 9:24-27

3. Dan omte zuih:

27b. ...*huchilou in zaw midangte kiang a ka tangkoupih nung in leng bangchi hiam in kei mah tak kipahman mu taklou in ka omkha ding hi.*

- **Kipahman mu taklou:** *disqualified*
- Khenkhat in hiai pen deihkaih in hotdamna mansuah theih ahi chihna in zang mahle uh huailam kaw kha lou hi.
- **A gennop tak:** I lawmman ding omsa, ei ginatlouh leh kithunun zohlouh man a taan theih ahihdan gen hizaw hi. Gamgi om ahi.

THUKHITNA

- Pathian a ding a mi manpha leh gahsuang I hihtheihna ding in mahni ki mangngilh hial leh kithunun zohna poimoh hi. **Nang bang nachi a? vc**
- I tuppipen bang ahia?
- Paul in sinlai bullam ah “*zou/win*” (Judate, Dan nuai a omte, etc. ka zoh theihna ding in) chih hon zang suk a, himahleh a tawpna ah “*hotdamna*” a tup pipen ahihdan hon gen hi. **Vualzohna leh hotdamna koi a poimoh zaw a?**
- **Beginning well and finishing well: may we finish well!**